



GEARED TOWARDS  
ADULTS IN THEIR **40s - 50s**



## A JEWISH RITE OF PASSAGE FOR THE MIDLIFE MOMENT

How do we find **authentic presence** as people who are still growing and changing, while attending to the needs of so many others? And how might the tools of Jewish text, ritual, and practice help us **make meaning** in our lives now?

Join us for **Pass/Age: A Weekend Retreat!** We'll creatively explore where our personal stories and our ancestral stories intersect. This intensive, transformational Shabbaton weekend is designed for adults who are Jewish, Jew-ish, and everything in between in our 40s and 50s.

## TIMING + LOCATION

- Friday - Sunday: March 13 -15, 2026
- NYC + NYACK (Opportunity to book overnight stay)

**BELONGING • REFLECTION • RENEWAL  
CLARITY • WONDER**

**SCAN HERE  
TO LEARN MORE  
& REGISTER**

[www.labshul.org/passage](http://www.labshul.org/passage)



LAB/SHUL

PASS/AGE RETREAT 2026

# A SPACE WHERE JEWISH WISDOM MEETS YOUR LIFE

## ABOUT THE WEEKEND

Pass/Age is Lab/Shul's re-imagined coming of age program for Jewish adults seeking to mark important transitional moments as a rite of passage. Over an immersive experiential weekend, we will:

- Immerse in artist-driven Jewish ritual
- Engage in study of our inherited legacy of texts and traditions
- Explore personal paths of meaning-making
- Co-create a communal ritual using Lab/Shul's experimental, God-optional approach
- Reflect on our age and stage in a beautiful, intimate setting

**Space is limited.** Sliding scale pricing available to meet all budgets. Register today!

**IF YOU'VE BEEN LONGING FOR A JUDAISM THAT FEELS ALIVE, RELEVANT, AND RESONANT...THIS WEEKEND IS FOR YOU!**

DISCOUNT

BRING YOUR **BESTIE** for 20% off their registration fee!

## FACILITATED BY

**RABBI AMICHAU LAU-LAVIE**  
Founder & Spiritual Leader

**BEN FREEMAN, MDIV**  
Program Director & Ritual Leader

**RHONA SILVERBUSH**  
Lab/Shul Partner, author & educator



LAB/SHUL  
**BECOMING**  
RITES OF PASSAGE: REIMAGINED  
PASS/AGE  
RETREAT

