

LAB / SHUL

תשובה
TIKKUN

Return to repair

HIGH HOLY DAYS OF AWE 2025 / 5786

NYC / ONLINE

NE'ILAH

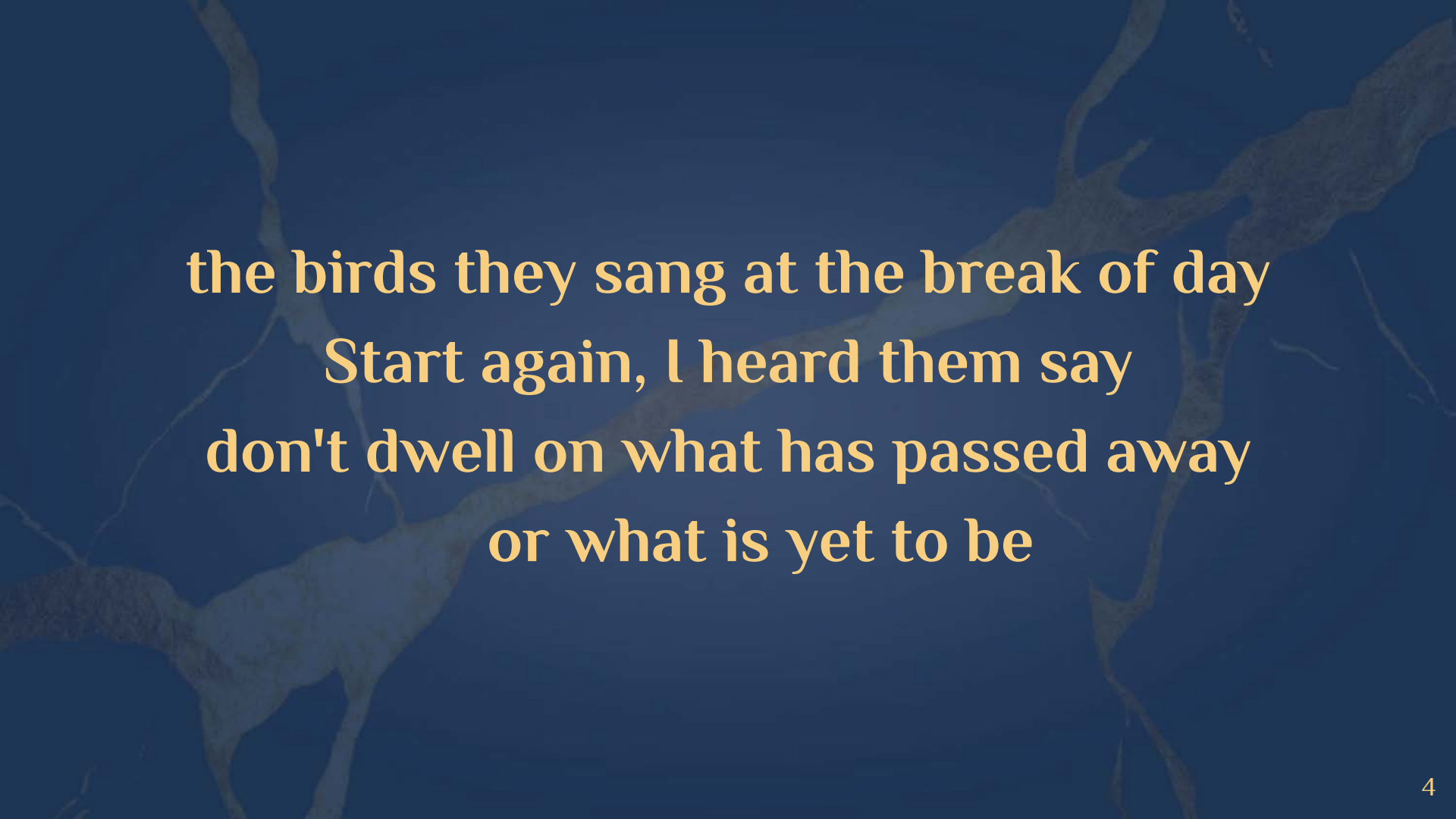
נעילה

hashiveni v'ashuvah

*chadeish, chadeish yameinu
k'kedem*

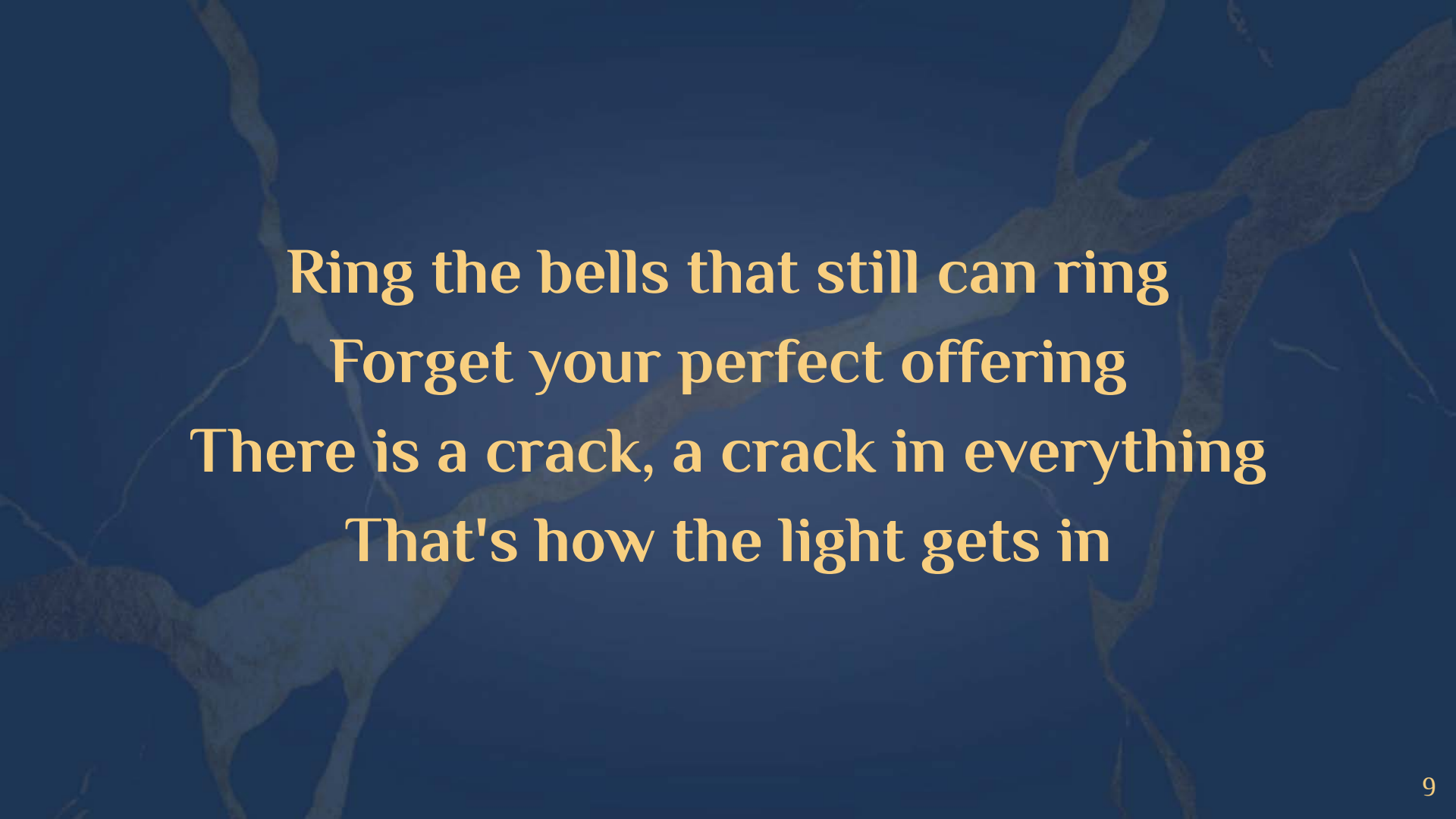
**Turn and return,
face the Source of Life,
become renewed, as once before.**

הַשִּׁיבֵנִי וְאַשׁוּבָה
חֲדָשׁ יָמֵינוּ כְּקֶדֶם



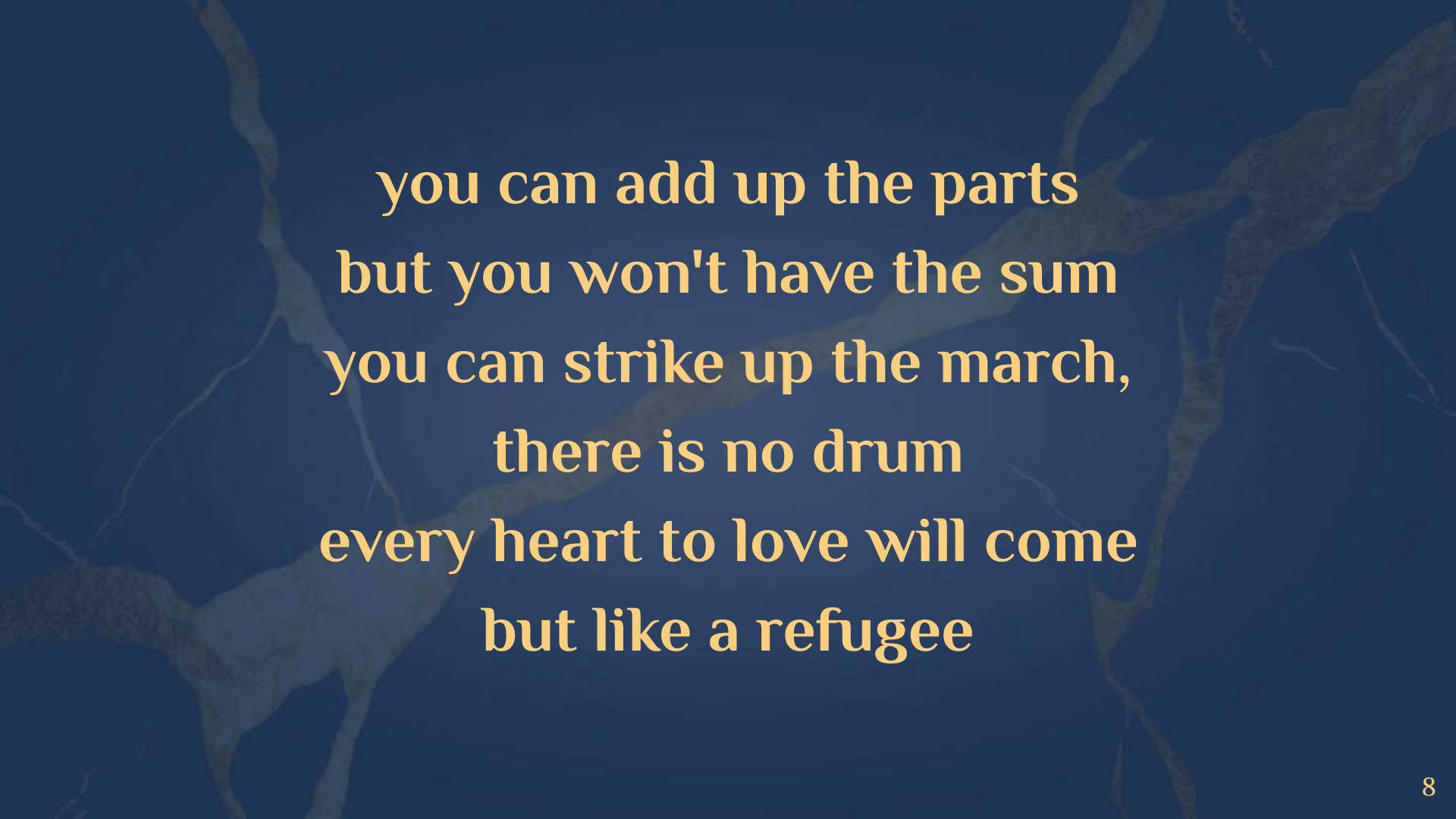
the birds they sang at the break of day
Start again, I heard them say
don't dwell on what has passed away
or what is yet to be

yeah the wars, they will be fought again
the holy dove, she will be caught again
bought and sold, and bought again
the dove is never free

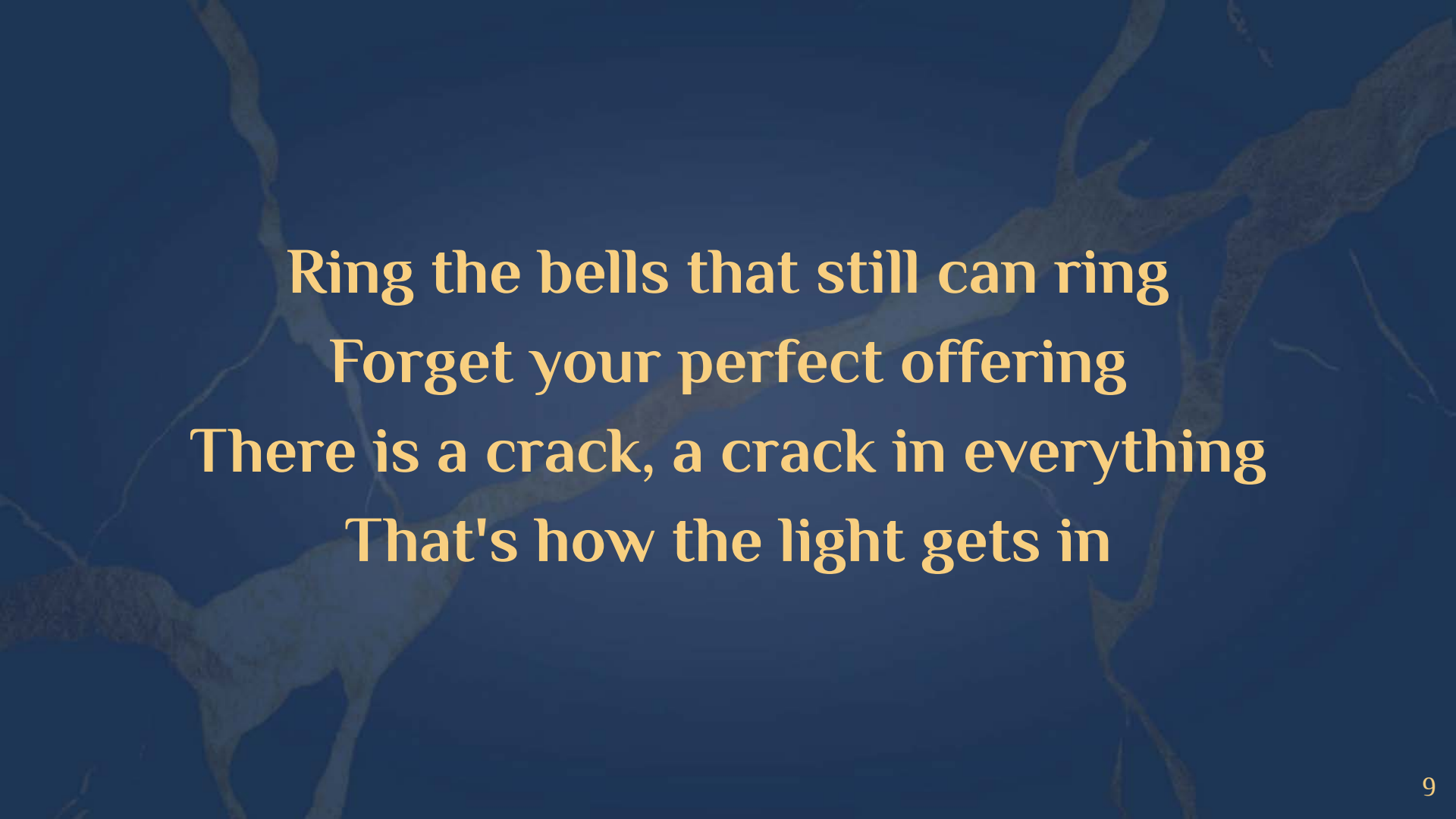


Ring the bells that still can ring
Forget your perfect offering
There is a crack, a crack in everything
That's how the light gets in

we asked for signs
the signs were sent
the birth betrayed, the marriage spent
yeah, the widowhood of every government
signs for all to see



you can add up the parts
but you won't have the sum
you can strike up the march,
there is no drum
every heart to love will come
but like a refugee



Ring the bells that still can ring
Forget your perfect offering
There is a crack, a crack in everything
That's how the light gets in

NE'ILAH

נעילה



How do I strive for tikkun with
the Source of all life within me ?

Open, open up the gates for all who gather here

Open open up the gates for all

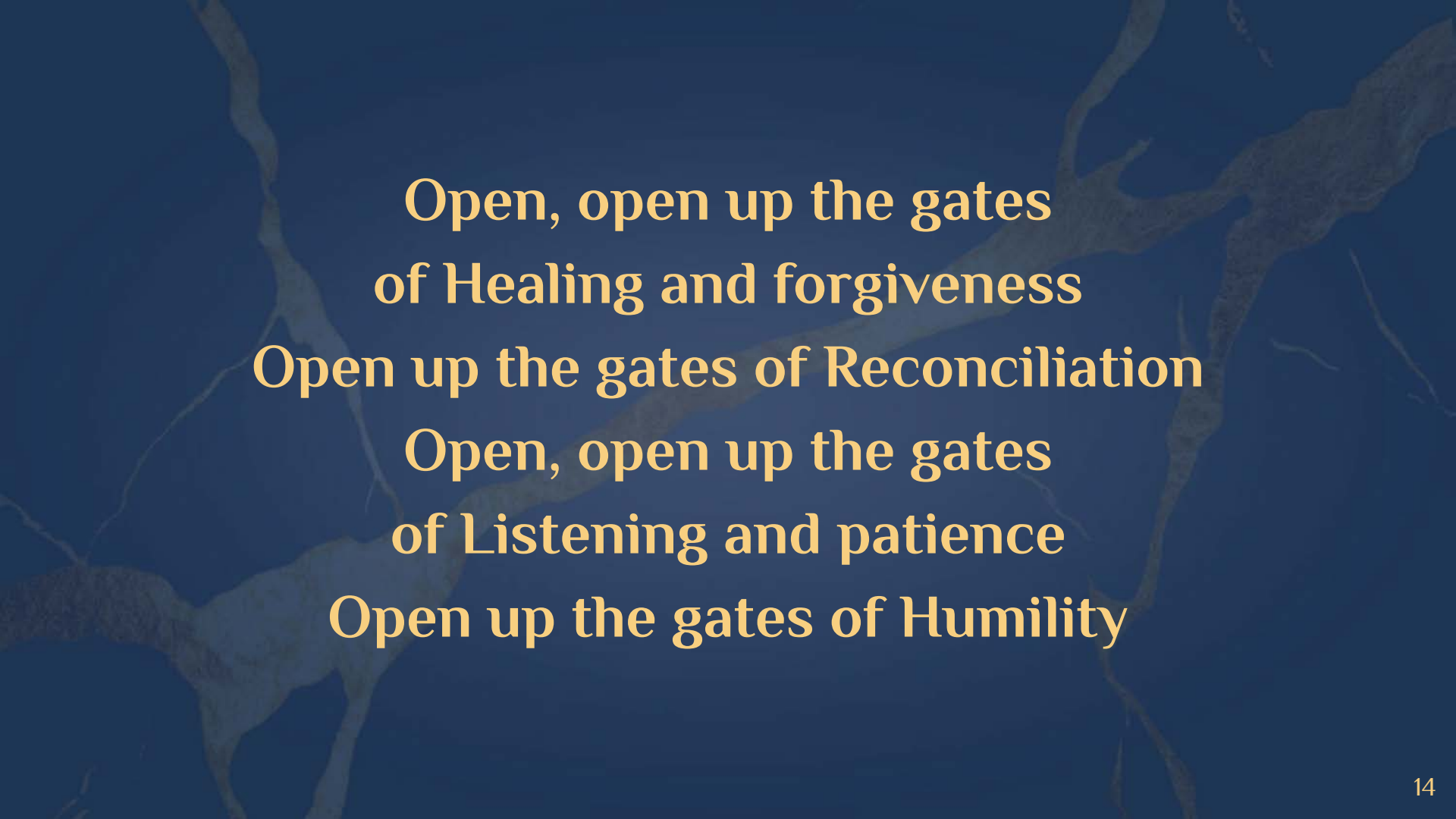
who seek your presence

Open, open up the gates

of Kindness and compassion

Open up the gates of Wholeness and peace

Open, open up the gates of Freedom and justice
Open up the gates of Liberation
Open, open up the gates of Change and release
Open up the gates of Transformation



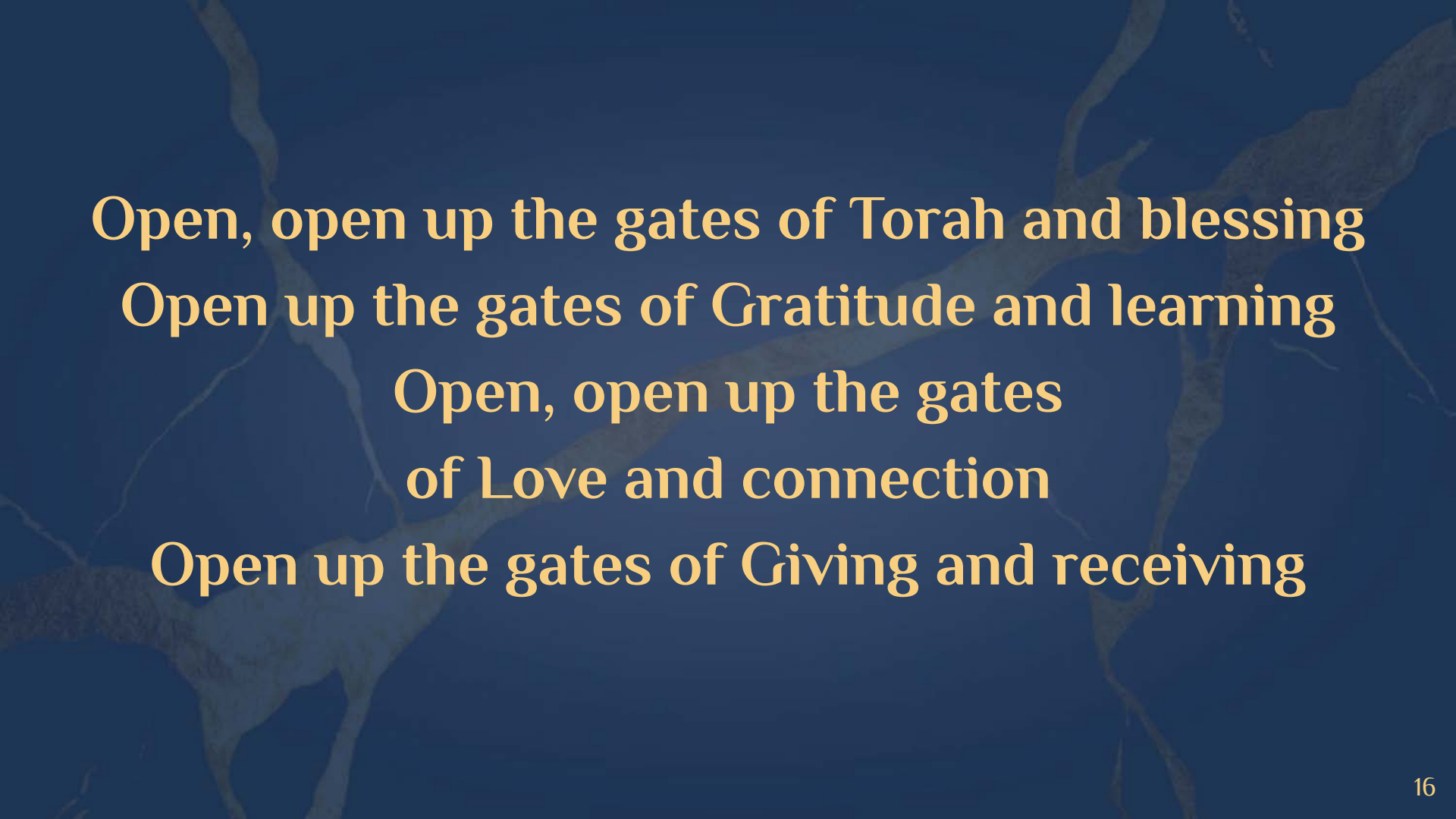
Open, open up the gates
of Healing and forgiveness
Open up the gates of Reconciliation
Open, open up the gates
of Listening and patience
Open up the gates of Humility

Open, open up the gates
of Prayer and wisdom

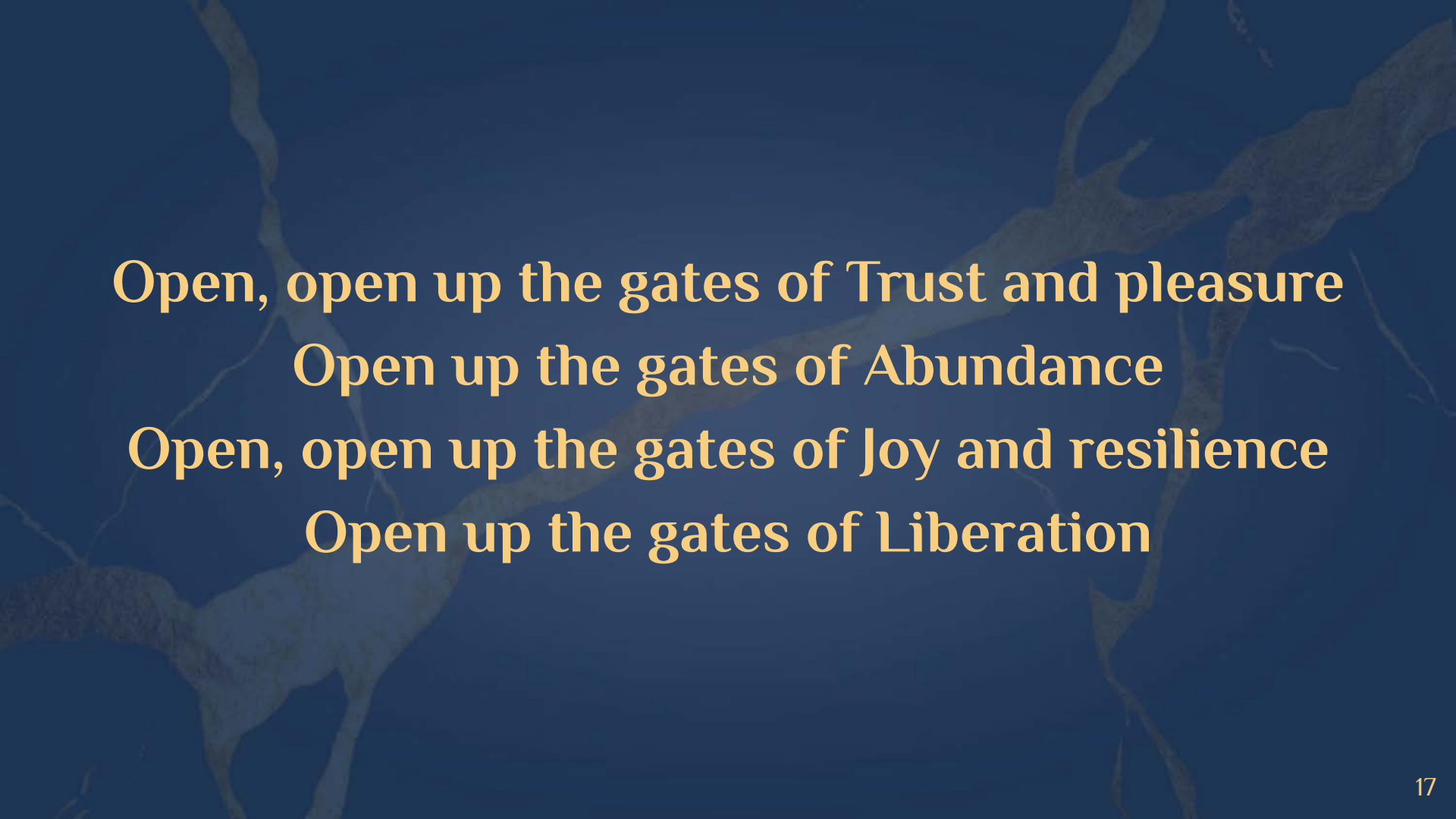
Open up the gates of Intuition

Open, open up the gates of Equity and honor

Open up the gates of Dignity



Open, open up the gates of Torah and blessing
Open up the gates of Gratitude and learning
Open, open up the gates
of Love and connection
Open up the gates of Giving and receiving



Open, open up the gates of Trust and pleasure
Open up the gates of Abundance
Open, open up the gates of Joy and resilience
Open up the gates of Liberation

*P'tach lanu sha'ar b'eit n'ilat sha'ar
ki fanah yom*

*Hayom yif'neh
hashemesh yavo v'yifneh
navo'ah sh'arecha*

**May the gate stay open, before it locks,
now that the day is ending.
The day is past transgression,
the sun is setting, we will enter.**

פֶּתַח לָנוּ שַׁעַר בְּעֵת נְעִילַת שַׁעַר
כִּי פָנָה יוֹם

הַיּוֹם יִפְנֶה
הַשֶּׁמֶשׁ יָבוֹא וְיִפְנֶה
נְבוֹאָה שְׁעָרֶיךָ

AMIDAH

תפילת ענווה

RISE



Awaken my heart
Awaken my heart

VIDUI

11711

CONFESS

אַהֲבָנוּ

Ahav'nu

Artful, Authentic,
Adventurous and Accepting

בִּירְכָנוּ

Beirach'nu

Brave, Bright,
Becoming and Being

גַּדְלָנוּ

Gadal'nu

Caring, Creative, Collaborative
and Compassionate

דִּבַּרְנוּ יוֹפִי

Dibar'nu yofi

Devoted, De-cluttering, Daring
and Dedicated

הַעֲלִינוּ

He'eli'nu

Earnest, Encouraging,
Excelling and Enlightened

וְחַסְנוּ

v'chas'nu

Faithful, Friendly,
Fair and Forgiving

זֵירָזְנוּ

Zeiraz'nu

Gallant, Generous,
Gracious, and Grateful

חַמְלָנוּ

Chamal'nu

Honest, Helpful,
Hopeful, and Healing;

טִפְחָנוּ אֱמֶת

Ti'pach'nu emet

Insightful, Inclusive,
Introspective and Innovative

יַעֲצֵנוּ טוֹב *Ya'atz'nu tov*

Joyful, Just,
Jovial and Journeyed

כִּבֵּדְנוּ *Kibad'nu*

Knowing, Kvelling,
Knowledgeable and Kind

לִמְדְנוּ *Lamad'nu*

Laughing, Learning,
Listening and Loving

מַחֲלֵנוּ *Machal'nu*

Meditative, Musical,
Mindful and Makers of Minyans

נִחַמְנוּ *Nicham'nu*

Neighborly, Networking,
Nurturing and Noticing

סַלְלָנוּ *Salal'nu*

Open, Observant,
Organized and Obliging

עוֹרָרְנוּ *Or'ar'nu*

Patient, Powerful,
Prayerful and Peaceful

פַּעַלְנוּ *Pa'al'nu*

Qualified, Questioning,
Quiet and Questing;

צַדִּיקְנוּ *Tzadak'nu*

Resourceful, Respectful,
Rejewvenated, and Receptive

קוֹיְנוּ לְאֶרֶץ *Kivi'nu La'aretz*

Sincere, Spiritual,
Satiated and Supportive

רַחֲמָנוּ

Ri'cham'nu

Tender, Thankful,
Transformational and Truthful

שְׂקָדָנוּ

Shakad'nu

Understanding, Unifying,
Unafraid and Useful;

תַּמְכָּנוּ

Tamach'nu

Visitors of the sick, Volunteers,
Vibrant, and Vital

תַּרְמָנוּ

Taram'nu

Warm-hearted, Wise,
Witty and Willing

תִּקְנָנוּ

Tika'nu

eXcited about life, Yearners for Serenity,
and Zealous for the good.

*B'seifer chayim b'rachah v'shalom
u'farnasah tovah niza'cheir v'nechatem l'fanecha
anach'nu v'chol am'cha beit Yisrael
l'chayim tovim ul'shalom*

**Let the Book of Life and Blessing,
Prosperity and Love, be opened wide.
May our community, and all of creation,
be inscribed for a good and peaceful year.**

בְּסֵפֶר חַיִּים בְּרָכָה וְשָׁלוֹם
וּפְרֻנָּסָה טוֹבָה נִזְכָּר וְנִחְתָּם לְפָנֶיךָ
אֲנַחְנוּ וְכָל עַמְּךָ בֵּית יִשְׂרָאֵל
לְחַיִּים טוֹבִים וּלְשָׁלוֹם

Baruch atah Havaya/Adonai oseh hashalom

בָּרוּךְ אַתָּה הוֹיָה עוֹשֶׂה הַשְׁלֹום

**In the Presence of the Infinite
Please: let there be Peace.**

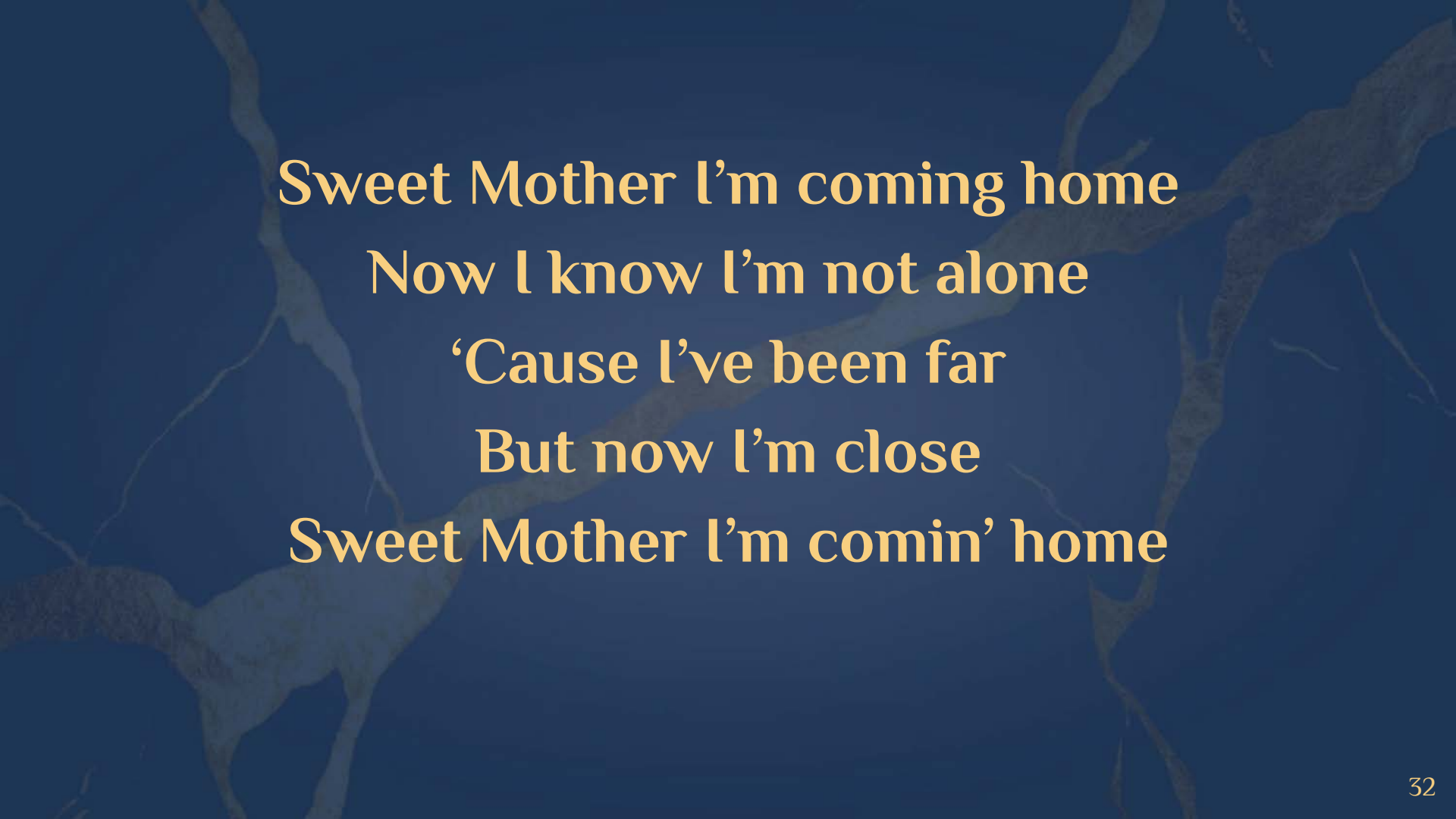
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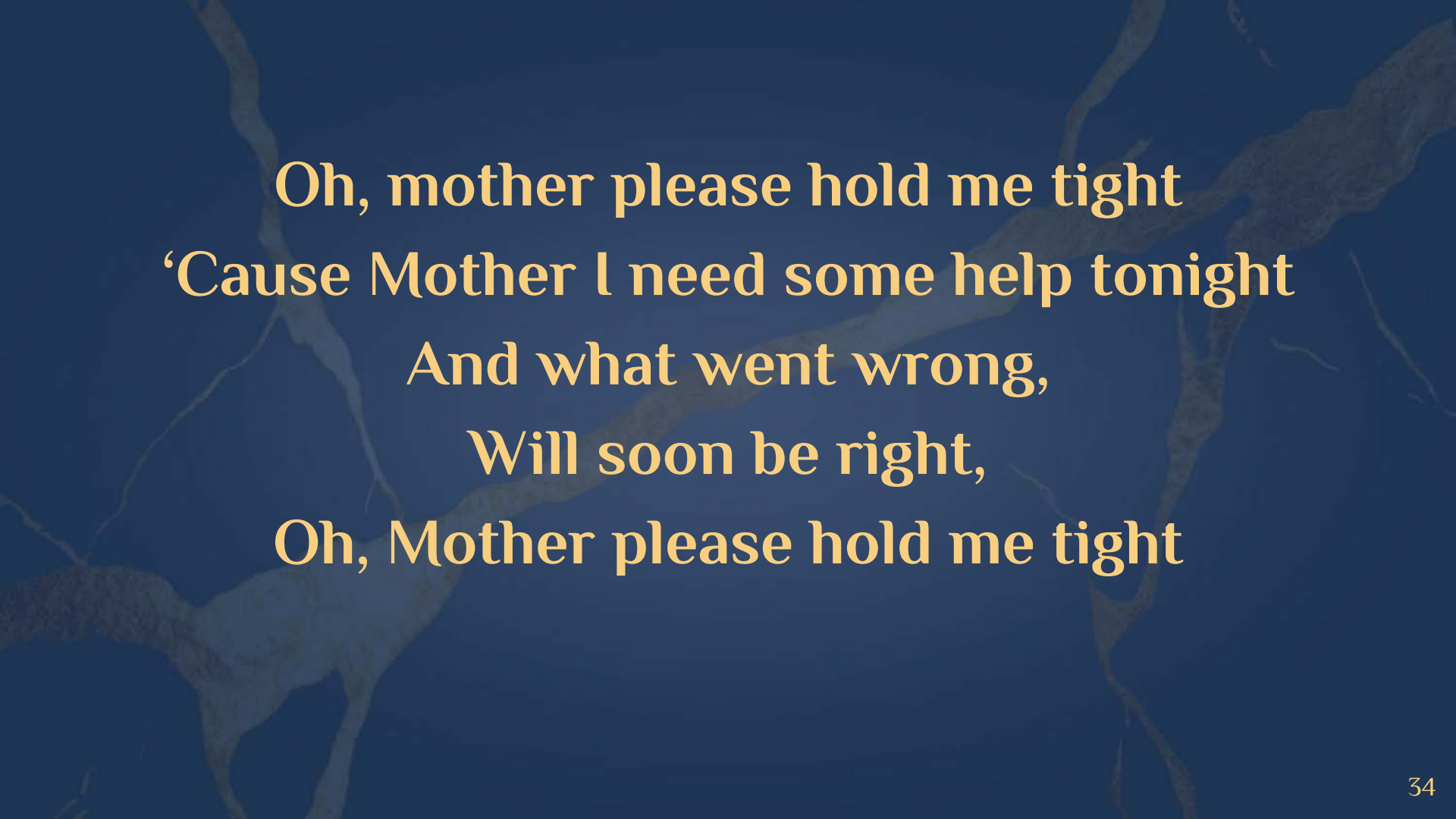
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Sweet Mother I'm coming home
Now I know I'm not alone
'Cause I've been far
But now I'm close
Sweet Mother I'm comin' home



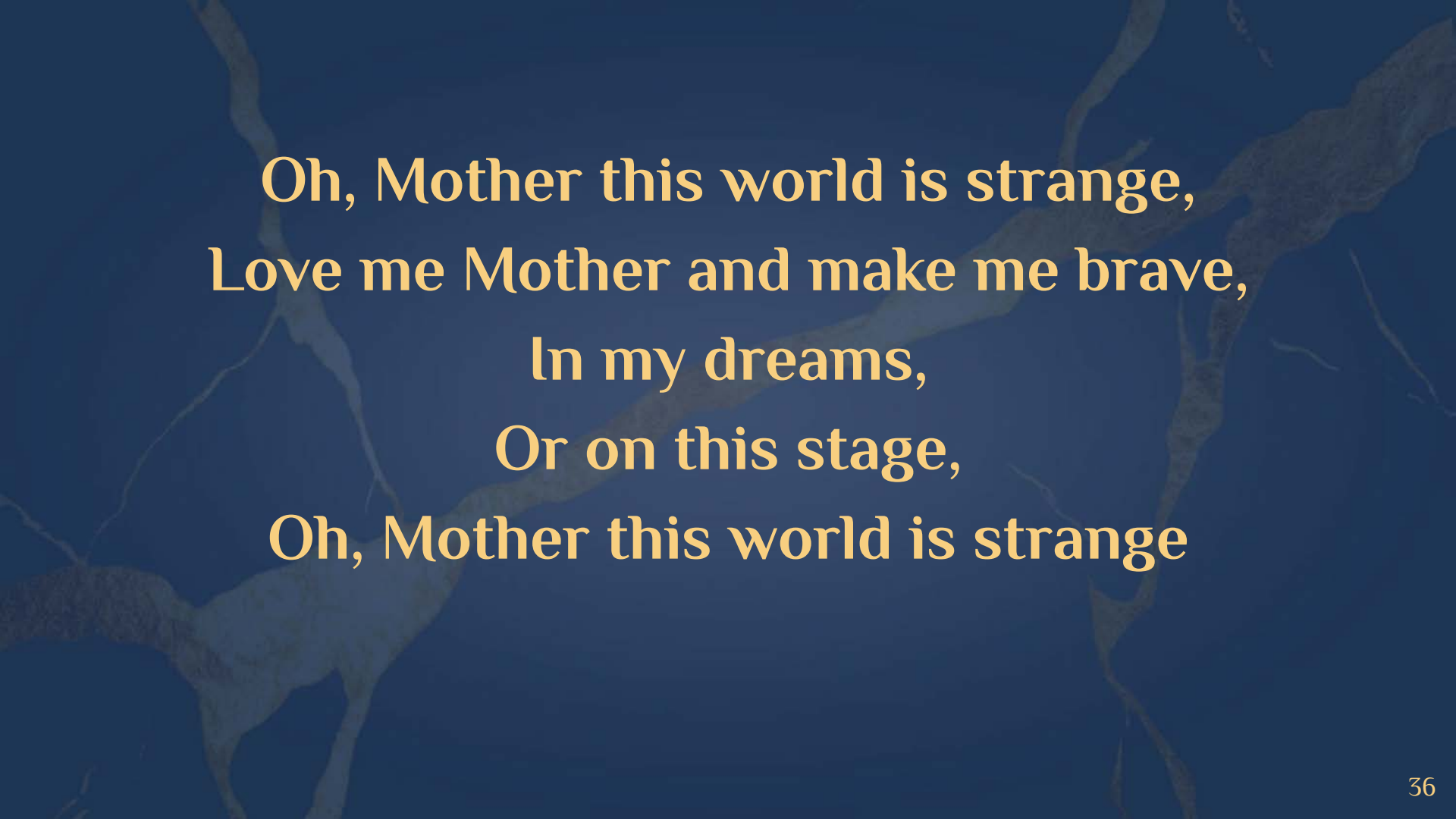
Tell me Mother can you hear me sing
Your love is everything
Heart and soul,
Breath and skin
Your love is everything




Oh, mother please hold me tight
'Cause Mother I need some help tonight
And what went wrong,
Will soon be right,
Oh, Mother please hold me tight



**Tell me Mother can you hear me sing
Your love is everything
Heart and soul,
Breath and skin
Your love is everything**



Oh, Mother this world is strange,
Love me Mother and make me brave,
In my dreams,
Or on this stage,
Oh, Mother this world is strange



Tell me Mother can you hear me sing
Your love is everything
Heart and soul,
Breath and skin
Your love is everything

KADDISH

וידוי

REMEMBER

Yit'gadal v'yitkadash sh'meih raba

B'al'ma di v'ra chi'ru'teih

v'yam'lich mal'chu'teih

b'cha'yeichon uv'yo'meichon

יִתְגַּדֵּל וַיִּתְקַדֵּשׁ שְׁמֵהּ רַבָּא

בְּעֻלְמָא דְּבְרָא בְּרַעוּתֵיהּ

וַיְמַלִּיךְ מַלְכוּתֵיהּ

בְּחַיֵּיכוֹן וּבְיוֹמֵיכוֹן

**May our lives reflect the greatness
of the Divine Name throughout the world,
sparks within the Process of Creation.**

*uv'chayei d'chol beit Yisrael
ba'agala u'viz'man kariv
v'im'ru amein*

וּבְחַיֵּי דְכָל בֵּית יִשְׂרָאֵל
בְּעֶגְלָא וּבְזִמָּן קָרִיב
וְאָמְרוּ אָמֵן

**May the world be guided
by our highest aspirations, soon, in our lifetimes.
And let us say, Amen.**

Y'hei sh'meih raba m'varach

l'alam ul'al'mei al'maya

Yit'barach v'yish'tabach v'yit'pa'ar

v'yit'romam v'yit'nasei v'yit'hadar

v'yit'aleh v'yit'halal

sh'meih d'kud'sha b'rich hu

**May the Divine Name be known
as a Fountain of Blessings:
praised, honored, beautified,
elevated, and exalted**

יְהֵא שְׁמֵהּ רַבָּא מְבָרַךְ.

לְעָלַם וּלְעָלְמֵי עָלְמַיָּא

יְתְבָרַךְ וְיִשְׁתַּבַּח וְיִתְפָּאֵר

וְיִתְרַמֵּם וְיִתְנַשֵּׂא וְיִתְהַדָּר

וְיִתְעַלֶּה וְיִתְהַלָּל

שְׁמֵהּ דְקֻדְשָׁא בְּרִיךְ הוּא

*l'eila l'eila min kol bir'chata
v'shi'rata tush'b'chata v'neche'mata
da'ami'ran b'al'ma v'im'ru amein*

לְעֵלָא לְעֵלָא מִן כָּל בִּרְכָתָא

וְשִׁירָתָא תְּשֻׁבָּתָא וְנֶחֱמָתָא

דְּאָמִירוּן בְּעֵלְמָא וְאָמְרוּ אָמֵן

**beyond any song or description that
has ever been uttered.**

And let us say, Amen.

*Y'hei sh'lama raba min sh'maya,
v'chayim tovim aleinu
v'al kol yisra'eil v'al kol yosh'vei teivel
v'im'ru amein*

יְהֵא שְׁלָמָא רַבָּא מִן שְׁמַיָּא

וְחַיִּים טוֹבִים עָלֵינוּ

וְעַל כָּל יִשְׂרָאֵל וְעַל כָּל יוֹשְׁבֵי תֵיבֵל

וְאָמְרוּ אָמֵן

**May an all-embracing peace
shower down from the heavens,
refreshing the lives of all the people
on earth.**

And let us say, Amen.

*Oseh shalom bim'romav
hu ya'aseh shalom aleinu
v'al kol yisra'eil
v'al kol yosh'vei teivel
v'imru amein*

**May the Source of Peace
inspire us to make peace
for ourselves,
for our community,
and for all the people on earth.
And let us say, Amen.**

עֲשֵׂה שָׁלוֹם בְּמִרוֹמָיו
הוּא יַעֲשֶׂה שָׁלוֹם עָלֵינוּ
וְעַל כָּל יִשְׂרָאֵל
וְעַל כָּל יוֹשְׁבֵי תֵבֶל
וְאָמְרוּ אָמֵן

*Avinu mal'keinu sh'ma kolenu
Avinu mal'keinu chatanu l'faney'cha*

**Our Parent, Our Creator,
Our Power, Our Source:
Let our voice be heard.
Yes, we have missed the mark,**

אָבִינוּ מַלְכֵנוּ שְׁמַע קוֹלֵנוּ
אָבִינוּ מַלְכֵנוּ חָטְאנוּ לְפָנֶיךָ

*Avinu mal'keinu chamol aleynu
V'al ola'leynu v'tapenu*

*Avinu mal'keinu kaleh dever
v'cherev v'ra'av me'aleynu*

אָבִינוּ מַלְכֵנוּ חֵמֵל עָלֵינוּ
וְעַל עוֹלָלֵינוּ וְטַפֵּנוּ

אָבִינוּ מַלְכֵנוּ כֹלֵה דֶבֶר
וְחֶרֶב וְרָעַב מֵעָלֵינוּ

**Our Parent, Our Creator, Our Power, Our Source:
We are merely children, worthy of compassion.
Let our lives be free of violence,
disease, famine, captivity, destruction and loss.**

*Avinu malkeinu kaleh chol tsar
Umastin me'aleynu*

**Our Parent, Our Creator,
Our Power, Our Source:
Let our paths be clear of
enemies and aggression.**

אָבִינוּ מַלְכֵּנוּ כֹּל צָר
וּמַשְׁטֵין מֵעָלֵינוּ

Avinu malkeinu

Kotvenu

b'sefer chayim tovim

Avinu malkeinu

chadesh aleynu shanah tovah

**Our Parent, Our Creator:
Let our names be written
for a good and full life.
Let us be renewed for a good year.**

אָבִינוּ מַלְכֵנוּ

כְּתִבֵנוּ

בְּסֵפֶר חַיִּים טוֹבִים

אָבִינוּ מַלְכֵנוּ

חֲדָשׁ עָלֵינוּ שָׁנָה טוֹבָה

Avinu mal'keinu

Sh'ma kolenu

אָבִינוּ מַלְכֵנוּ
שְׁמַע קוֹלֵנוּ

**Our Power, Our Source:
Let our voice be heard.**

*Avinu malkeinu,
chaneinu va'aneinu
ki ein banu ma'asim
aseih imanu tz'dakah va'chesed
v'hoshi'einu*

**Our Parent, Our Creator,
Our Power, Our Source:
Respond to these prayers with compassion
for we have come broken, forgetting our good deeds.
May we be worthy of kindness, justice, and redemption.**

אָבִינוּ מַלְכֵנוּ
חַנּוּנוּ וְעֲנֵנוּ
כִּי אֵין בָּנוּ מַעֲשִׂים
עֲשֵׂה עִמָּנוּ צְדָקָה וְחֶסֶד
וְהוֹשִׁיעֵנוּ

*Pit'chu li sha'arei tzedek
avo vam odeh Yah*

פִּתְחוּ לִי שַׁעֲרֵי צֶדֶק
אָבֹא בָם אוֹדֶה יְהוָה

**Throw the Gates of Justice open,
and I will enter with gratitude.**

El nora alila

El nora alila

ham'tzi lanu me'chila

bish'at ha'n'eilah

אֵל נּוֹרָא עֲלִילָה

אֵל נּוֹרָא עֲלִילָה

הַמְצֵא לָנוּ מְחִילָה

בְּשַׁעַת הַנְּעִילָה

Source of Stories, Source of Might

May we find our way back home,

Before the gate is locked tonight.

*Sh'ma Yisrael Havaya/Adonai Eloheinu
Havaya/Adonai Echad*

שְׁמַע יִשְׂרָאֵל הוֹיָה אֱלֹהֵינוּ הוֹיָה אֶחָד

**Listen All of Us who Wrestle with Existence:
All Is Connected, All Is One**

Havaya/Adonai hi

Ha'elohim

הוֹיָהּ הִיא הָאֱלֹהִים

TEKI'A GE'DOLAH

תְּקִיעָה גְּדוּלָה

*Baruch atah Havaya/Adonai Eloheinu ruach ha'olam
she'hechey'anu v'ki'imanu v'higi'anu
laz'man hazeh*

בְּרוּךְ אַתָּה הוֹיָה אֱלֹהֵינוּ רוּחַ הָעוֹלָם

שֶׁהַחַיָּנוּ וְקִיָּמָנוּ וְהַגִּיעָנוּ

לְזֶמַּן הַזֶּה

**Pause: In the Presence of the Infinite,
we pause with gratitude
for the journeys that have brought us
to the here and now.**

*Baruch atah Havaya/Adonai
Eloheinu Ruach ha'olam,
hamotzi lechem min ha'aretz.*

בָּרוּךְ אַתָּה הוֹיָה
אֱלֹהֵינוּ רוּחַ הָעוֹלָם
הַמוֹצִיא לֶחֶם מִן הָאָרֶץ

**Taste: In the Presence of the Infinite,
we are grateful for the earth that
sustains us with bread, and for every
hand that works to feed us.**

*Baruch atah Havaya/Adonai
Eloheinu Ruach ha'olam
borei p'ri ha'gafen*

בָּרוּךְ אַתָּה הוֵיָהוּ
אֱלֹהֵינוּ רוּחַ הָעוֹלָם
בוֹרֵא פְּרִי הַגָּפֶן

**Toast! In the Presence of the Infinite,
we savor the blessing of transformation:
vine to wine.**

Deep gratitude to the composers of tonight's music:

Hashiveini - Micah Shapiro and Aaren Alpert

Anthem - Leonard Cohen

P'tach Lanu Sha'ar - Naomi Less, Glenn Grossman

Open Up the Gates - Galeh' adapted by Joseph Berman & Batya Levine

The Alternative Ashamnu - Rabbi Deborah Brin

B'Sefer Chayim - Lab/Shul

Song To the Divine Mother of the Universe - Ben Lee

Aleinu - YofiYah

Pitchu Li - traditional Persian melody

El Norah Alilah - traditional Persian melody

El Norah Alilah - Eliana Light

Avinu Malkeinu - Max Janowski

Avinu Malkeinu - Ashkenazi folk

Sh'ma - Akiva Wharton

Shehecheyanu - Lab/Shul

Deep Gratitude to the Guest Artists, Ritualists & Educators

Storahtelling Artists

William DeMeritt
Lexi Kohanski
Zhenya Lopatnik
Zhenya Lopatnik
John Reed
Zo Tipp

Ritual Musicians

Jeremy Brown
Sabrina Hayeem-Ladani
Martin Shamoopour
Eléonore Weill

Guest Ritualists

Dr. Deborah Almontaser
Rev. Dr. Chloe Breyer
Rev. Micah Bucey
Sensei Robert Chodo Campbell
Sensei Koshin, Paley Ellison
Galeet Dardashti
Stephan Kolbert
Brad Lander
Rev. Derrick McQueen
Ora Ramat

Teaching Artists

Keb Barshack
Max Goldner
Meghan Grover
Stephanie Kane
Maria Serach Alexandra Lemire
Mairéad Reo
Melissa Shaw
Laura Marder Thien

Artist in Residence

Lauryl Axelrod

Deep Gratitude to the Levitical Production Team

The Lab/Shul Staff

Ben Freeman
Stephanie Kane
Shira Kline
Amichai Lau-Lavie
Jackie Lebwohl
Naomi Less
Sylvie Nelson
Melissa Shaw
Stephen Silva
Sarah Sokolic
Lauren Stanton
Luis Mercedes Winter

Audio, Video & Photography

Jesi Kelley
Ali Levin
Zeke Winitsky
Traci Anderson

Production Staff

Taylor Ackerman
Ben Hawkins
Na'ama Keha
SC Event Staffing

Event Producer

Daniela Grafman &
Vision Events

Decor & Florals

Miles Dallas

Food & Beverage Sponsors

City Winery, NYC

With Gratitude To Our Friends and Partners at
Tribeca Performing Arts Center

Deep Gratitude to our High Holy Volunteers

High Holy Volunteer Leadership

Stephen Silva - Community Manager

Sarah Mullins - Lead Volunteer

Volunteers

Sabrina Cartan, Brian Cartan, Fran Moss, David Ford-Franke, Atara Gonias, Doris Borg, Lisa Haberman, Sandy Orlick, Paddington Matz, Mimi Buegeleisen, Zohar Fuller, Maryse Pearce, Zoe Adlersberg, Vikram Jagadish, Lauren Jacobs, Paul Adam AF OKB, Sami Plotkin, Nancy Batterman, Ricky Greenberg, Robert Williamson III, Avital Skyora, Victoria Messler, Brooke Berman, Roxy Goodman, Caroline Falquier, Lucas Berenzweig, Theo Kolbert, Julian Noble, Nina Rogers, Eve Furst, Liya Magaziner, and Beatrix Hatch, Dani Suzuki, Liz Alpern, Aliza Kline, Maryam Chishti, Rhona Silverbush

Deep Gratitude to our Year-Round Volunteer Leadership

The Lab/Shul Board of Directors

Todd Brecher, Peter Grayson, Karen Hauser, Kippy Joseph, Jen Pehr,
Lori Roth Gale, franny silverman, Ava Schlesinger

Finance & Operations Team

Todd Brecher
Natalie Cuchel
Karen Hauser
Lori Roth Gale

Marketing Team

Susan Popper

Programming Team

Larry Green
Jen Pehr
franny silverman

Governance Team

Peter Grayson
franny silverman

Revenue Generation Team

Carol Einhorn
Lori Roth Gale
Benjamin Krevolin
Kippy Joseph

Racial Equity And Action Delegation (READ)

Joan Beard
Ben Freeman
Jesi Kelly
Anne Kemper
Shira Kline
Luis Mercedes Winter
Alexis Ortiz
franny silverman
Ava Schlesinger

What's Next? Tonight!

LAB / SHUL

HIGH HOLY DAYS OF AWE 2025 / 5786

ELEVATE YOUR SPIRIT / FEAST ON JOY

COMMUNITY BREAK FAST AT BMCC

OCT 2, 2025 | 7:30 PM EST

ENJOY A DELICIOUS BREAK FAST ON SITE IN THE TPAC COURTYARD
IMMEDIATELY FOLLOWING NE'ILA

Traditional Ashkenazi & Sephardi delicacies,
with gluten-free & vegan options | Unlimited wine & soft drinks.

TIKKUN
[return to repair]

Everybody-friendly sliding scale pricing:
\$35 / \$45 / \$55 Per person

Everybody-friendly
sliding scale pricing:
\$35 / \$45 / \$55 pp



WEB: www.labshul.org/donate

CHECK: Storahtelling Lab/Shul, Inc.

VENMO: @labshul

ZELLE: hello@labshul.org

Hashiveni v'ashuvah

Chadesh yameinu k'kedem

הַשִּׁיבֵנִי וְאַשׁוּבָה

חֲדָשׁ יָמֵינוּ כְּקֶדֶם

Turn and return,
face the Source of Life,
become renewed, as once before.

LAB / SHUL

TIKKUN

5786: RETURN TO REPAIR

SHANA TOVA

תשפ"ו: שנה של תיקון לטובה

HIGH HOLY DAYS OF AWE 2025 / ימים נוראים 5786