



Lab/Shul's SAYDER 2023 Edition upgrades your Passover Seder with 4 NEW questions about what matters most: How do we Lean into Love and Lift up Liberation?

SAYDER is your alternative, everybody-friendly, God-optional recipe for a lively Seder for all ages with a new spin on an ancient ceremony that celebrates Passover best + gets rid of the rest.

Insert the new questions into your traditional Haggadah or just ditch the book, focus on these four conversations and see what happens.

Here's how it works: SAYDER hosts facilitate the feast, leading the guests in four rounds of questions. Each round features one question, a round of responses conversation, and one beverage refill. Food is integrated in between rounds. Other readings, musical musings, and personal stories are optional and recommended. Sayder can be in a family or public context, for any duration of time. It can be used as an addition to your traditional Seder or an alternative to all other nights. Best in person - great online!

Sayder was created by Rabbi Amichai Lau-Lavie in 2009, produced, co-created and developed by teams from Storahtelling, Reboot, and Lab/Shul, with creative design by Hillel Smith.

What To Bring:

- People
- Food, Beverage, Passover Gastro-Essentials
- Sayder Host/s
- Printed Sayder Booklets
- Optional: Blank Index Cards, Writing Utensils



The Four New Questions:

1

מה נשתנה MA NISHTANA: SO WHAT'S NEW

What significant change has occurred in your life since this time last year? Name one meaningful piece of news.

Host Note: This question serves as an introduction and icebreaker – a good opportunity to get names and meet everyone.

Optional Ritual: Introduce Elijah's Cup as the Cup of Vision for the Future, passed around from guest to guest during the opening round, then filled and placed at the center of the table.

Feast: Karpas comes early in Sayder. Serve creative appetizers right from the start, along with question one.

2

עבדים היינו AVADIM HAYINU: OUR SLAVERY

This story is timeless. The Hebrew word for Egypt is Mitzrayim – The Narrow Places. What feels constricted in the world right now for you?

Host Note: The Exodus story is often read in religious, historical, and national Jewish contexts. It can also be seen as a human metaphor for personal or universal redemption from oppression, slavery, and restriction on the journey towards more liberation, opportunity, and autonomy.

In each generation we are invited to imagine ourselves as though we ourselves were enslaved in Egypt. What does that mean to us today?

Optional Ritual: Give out blank cards and writing utensils. Invite guests to write or draw on one side their replies to the question 'HOW AM I FREE', and on the other side the replies to the question 'HOW AM I NOT FREE'. Discuss.

Feast: Matzah, Maror and Charoset can be introduced after the second question



3

דִּינֵנוּ DAYENU: ENOUGH ALREADY

Enough with our slavery. What can you do to help end your enslavement and reduce that which holds you back from more freedom and creativity? What will help us fight the Pharaohs within and beyond? How will we lift up liberation?

Host Note: This third round can be about personal or societal slavery – and/or both.

Optional Ritual: Singing of Dayenu.

Feast: If you haven't hit 'Shulchan Orech' and served the main course yet – this is it!

4

לְשָׁנָה הַבָּאָה L'SHANA HA'BAA: FUTURE VISION – NEXT YEAR

The Seder ends with a hopeful intention. Jerusalem is at the heart of Judaism and is also a symbol for the City of Peace.

What is your vision of a world with more freedom? What is one wild hope you have for the world this next year? What can you commit to in the coming year to help reduce slavery and oppression in the world?

Optional Ritual: Lift up Elijah's Cup of Future Visions. Invite people to share their hopes and visions for a world with more love and liberation. Open the front door to Elijah the Prophet and to all your new visions

Feast: Dessert



Bonus Question:

AFIKOMAN 4.0 (OPTIONAL)

An afikoman is a fragment of a Matza, hidden during the Seder, swapped for a prize at its end, and generally used to keep the kids awake. In this version it is used to walk the Seder talk and invest resources in real change.

- After the 1st question, the host(s) asks guests to list names of organizations that are helping to increase freedom in the world. Write down all the names.
- A hat (or empty matzah box) is passed around, and each guest is invited to place pledges or monetary donations inside. You can use @venmo!
- The host breaks a piece of matzah in two and hides one of the halves – the Halfikomen. The guests are encouraged to search for the Afikomen during Sayder.
- The Halfikomen should be eaten with dessert. Between question 3 and 4 (after main course and before dessert), the host calls for the missing matzah.
- Whoever found (or stole) the hidden matzah is invited to display it and choose which organization listed by the guests the collected pledges and donations will go towards.
- Share the Afikomen with all guests to close the night.