

Fruit Feast!

Blessing Over Fruits

בָּרוּךְ אַתָּה יי אֱלֹהֵינוּ רוּחַ הָעוֹלָם בּוֹרֵא פְּרִי הָעֵץ

Baruch atah Adonai Eloheynu ruach ha'olam bore p'ri ha'etz

A blessing: in the Presence of the Infinite, we are grateful for the trees that sustain us with fruit, and for every hand that works to feed us.

Blessing Over Juices

בָּרוּךְ אַתָּה יי אֱלֹהֵינוּ רוּחַ הָעוֹלָם בּוֹרֵא פְּרִי הַגָּפֶן

Ba'ruch a'tah Adonai E'lo'hey'nu ru'ach ha'o'lam bo'rei p'ri ha'ga'fen

A toast: In the Presence of the Infinite, we savor the blessing of transformation: vine to wine.

Preparing Your Seder

The preparation itself is a wonderful way to get in touch. So while you choose the fruits, wash and divide them up, be sure to pay close attention to the feel, smell, sight, and taste of each one. This is a great time to decorate your table with fresh flowers.

Each Place Setting Includes:

One Plate, Two Cups, Many Napkins

1st Plate:

Fruits with an inedible shell, like...
Tangerine, Grapefruit, Kiwi, Walnut
Pomegranate, Pistachio, Coconut,
Peanut, Almond, Orange.

2nd Plate:

Fruits with an inedible pit or seed like...
Peach, Avocado, Olive, Apricot, Plum,
Date, Cherry, Mango

3rd Plate:

Fruits which are edible inside and out,
like... Grape, Fig, Apple, Strawberry,
Raisin, Cranberry, Pear, Carob

4th Plate:

Instead of fruit, the 4th plate offers food for thought. We will sing songs, plant seeds of hope, and make our New Year resolutions for the Earth and her many Trees.

Tu B'Shevat Knees and Toes

By Debbie Smith

Leaves, branches, trunk and roots, trunk and roots
Leaves, branches, trunk and roots, trunk and roots
Trees give us: nuts and shade and fruit
Leaves, branches, trunk and roots, trunk and roots

Tu B'shvat Game

Music by Debbie Friedman, Lyrics by Shira Kline

Chorus:

Guess what I am, guess what I am
Tell me if you can
I'll give you hints so you can guess which Tu
B'shvat thing I am

I am so very little, I get dropped into the ground,
And then I grow and grow and grow....

(Chorus)

I am big and tall and strong and old and I
grow fruits, and nuts, and leaves
My trunk is brown, my arms are green...

(Chorus)

We grow on trees until we're ripe, we are
sweet and healthy for you
We taste good plain, as jam or pie...

(Chorus)

The Tree Song

Music and lyrics by Josh Miller

Tu tu tu tu tu tu tu tu tu tu tu tu tu tu tu tu tu tu tu
tu tu tu tu Tu B'shvat!

I got a friend (repeat)
Who comforts me (repeat)
I'm a kid (repeat)
And he's a tree! (repeat)

And we grow, and we grow, and we grow! (X
2)

On my birthday (repeat)
We eat a lot! (repeat)
When its his birthday (repeat)
Its Tu B'shvat (repeat)

And we grow, and we grow, and we grow! (X
2)

Tree tree tree tree...

Plant a Seed

Music and lyrics by Peter and Ellen Allard

Shovels, here we go!

Dig, dig, dig a hole and
Plant, plant, plant a seed
Watch, watch, watch it grow
Some food – For you and you and you and
you and you and me

The Green Grass Grows All Around

There was a tree (repeat)

The most beautiful tree (repeat)

That I ever did see (repeat)

And the tree was in a hole, and the hole was
in the ground

And the green grass grows all around, all
around, and the green grass grows all around

There was a branch (repeat)

The most beautiful branch (repeat)

That I ever did see (repeat)

And the branch was on the tree

And the tree was in a hole, and the hole was
in the ground

And the green grass grows all around, all
around, and the green grass grows all around

There was a twig...

There was a leaf...

There was a nest...

There was a bird...

There was a feather...

There was a ladybug...

I'm a Tree

I'm a tree, I'm a tree and I'm growing very tall

I'm a tree, can't you see me shake my leaves

I'm a tree, I'm a tree underneath the sunshine wall

And I give a voice to the wind (wooooosh!)

I'm a tree, I'm a tree and I'm growing very tall

I'm a tree, can't you see me shake my leaves

I'm a tree, I'm a tree underneath the sunshine wall

And I give a home to the birds (chirp chirp chirp)

And I give a voice to the wind (wooooosh!)

The Garden Song

Music and Lyrics by Dave Mallet

Inch by inch, row by row

Gonna make this garden grow

All it takes is a rake and a how

And a piece of fertile ground

Inch by inch, row by row

Someone bless these seeds I sow

Someone warm them from below

'Til the rain comes tumbling down

Plant your rows straight and long

Temper them with prayer and song

Mother Earth will make you strong

If you give her love and care

Planting

I will plant a tree on Tu B'shvat

I will sprinkle seeds on Tu B'shvat

Maybe apple, maybe apricot

Little flowers called Forget-Me-Not

I will dig dig dig in a sunny spot

They will grow grow grow in a
pretty pot

And I hope the rain will rain a lot

Where it's not too cold and not
too hot