

HANUKKAH CANDLE LIGHTING

HOW-TO KIT

Why Hanukkah? Maybe a memorable militant might, Macabean style. Or the myth of a jug of oil that lasted eight long nights against all odds. But we like the oldest reason for the season: lighting up eight long winter nights with friendly flames of connection, sparking justice, gifting hope, frying joy, and spreading love.

Whatever your why, here's how: Don't just light up your menorah - share the light! Be local and put your menorah in your window for all to see. Go global to get likes worldwide and supersize the celebration. Home to home, heart to heart, screen to screen, flame to flame:

Spark Wonder Now (then repeat x8)

♥ The Lab/Shul Ritual Team

WONDER

A breath: in the Presence of the Infinite,
We celebrate the wonder of our ancestors' survival,
generation to generation, back then, right now.

בָּרוּךְ אַתָּה יי אֱלֹהֵינוּ רוּחַ הָעוֹלָם שְׁעָשָׂה נִסִּים
לְאַבוֹתֵינוּ וְאִמּוֹתֵינוּ בַּיָּמִים הָהֵם בְּזִמְנָה הַזֶּה

*Baruch atah Adonai Eloheinu ruach ha'olam
she'asah nisim la'avoteinu v'imoteinu
bayamim ha'hem baz'man hazeh*

→ **Insider Tip:** Use this ancient pyro-technology to bring more meaning to the night: Let your eyes focus gently on one of the flames for at least 30 seconds. Count colors, be surprised. Can you meet the eyes of your ancestors inside this flame, across the generations?

These original poetic translations, works in continual progress, reflect our sincere love for the ancient Hebrew poetry as well as our commitment to a more modern, mindful, gender-neutral, and abstract understanding of prayer. They were co-created by Lab/Shul's Liturgy Task Force, led by Rabbi Amichai Lau-Lavie and Ezra Bookman, along with Shira Kline, Naomi Less and Rabbi Emily Cohen.

LAB / SHUL
www.labshul.org

SPARK

A spark: in the Presence of the Infinite,
we treasure our sacred tradition
as we ignite this Hanukkah light.

בָּרוּךְ אַתָּה יי אֱלֹהֵינוּ רוּחַ הָעוֹלָם אֲשֶׁר קִדְּשָׁנוּ
בְּמִצְוֹתָיו וְצִוָּנוּ לְהַדְלִיק נֵר שֶׁל חֲנֻכָּה

*Baruch atah Adonai Eloheinu ruach ha'olam
asher kidshanu b'mitzvotav v'tzivanu
l'hadlik ner shel Chanukah*

→ **Insider Tip:** Ready? Dim or turn off the lights to give the Hanukkah flames the spotlight. Take one deep breath together with everyone present. Recite or sing the blessing, then start to light from left to right and let there be light.

NOW

A blessing: in the Presence of the Infinite,
we pause with gratitude for the journeys
that have brought us to the here and now.

בָּרוּךְ אַתָּה יי אֱלֹהֵינוּ רוּחַ הָעוֹלָם שֶׁהַחַיִּינוּ
וְקִיַּמְנוּ וְהִגִּיעֵנוּ לְזִמְנָה הַזֶּה

*Baruch atah Adonai Eloheinu ruach ha'olam
she'he'cheyanu v'ki'manu, v'hi'gianu
laz'man hazeh*

→ **Insider Tip:** Recite this blessing only for the first time you light this year. As you bask in the candlelight, take time to think of and share one gift you are grateful for from this past year, and one intention for the next. Honor the journey, be in this moment, light up the road ahead. Let there be life.